## **H MINGO**

## 2024 Artist Statement

I create Abstract Expressionist works that visually translate the internalised mind, experience, and music into complex and energetic forms.

Described as 'mindscapes' my pieces serve as archetypes of abstract worlds, offering a sublime insight into the mind's opportunity and possibility through an unplanned, autonomous drawing process.

I create abstract expressionist works to transcend the limitations of the objective world, rejecting fixed meanings and favouring inviting pareidolia. My art fosters contemplative imagination, encouraging viewers to envision possibilities beyond the present reality. I aim to cultivate a sense of freedom for my audience and beyond, prompting them to see art not just for what it is but for what it could be.

Duality, a central theme in my work, is explored both conceptually and visually. Translating duality as "an instance of opposition or contrast between two concepts or two aspects of something; a dualism." The concept of duality Influences my life and art significantly, I'm intrigued by the necessary contrasts for life's balance and harmony, which is then visually manifested in my works

Within my creative process, music is a vital tool for accessing emotions and autonomy in drawing. I view my works as a transcription of sound and energy, influenced by my experience of sound-to-colour and form synesthesia. This synesthetic perception, coupled with the rhythm in music, facilitates a meditative, free-flow artistic process intuitively guided by the music.

My journey as an artist is a pensive, lifelong dedication in mastering and communicating the intricacies of art and the mind's potential. I use my practice as a way of understanding myself and experiences, creating authentic works that truly represent the inner mind and emotion through conscious processing. I am embodied by the theoretical and intrapersonal journey my art has taken me on, which is translated in organic, progressive, and transitioning abstractions within my works that reflect my current and past state.