



# H MINGO

## Artist Statement

Personal abstract expressionist works that depict complex and energetic forms, visually translating the internalised, subconscious mind. Inspired by experience, music, and nature. My art reflects the mind's individualism. Created only in permanent mediums highlighting no

A spontaneous process provides my art with infinite possibility, beyond the realms of expectation or reality. Through conscious practice, my work is not for objective judgment and cannot be bound to the totality of 'right or wrong'. This is reflected in the use of only permanent mediums, meaning there are no mistakes within the process.

Art is a conscious practice in both creation and consumption. I create intuitive abstractions of a continuous flow of emotions, thoughts, and perceptions. My autonomous method is led by with a synethetic collaboration of mind, music, and colour. Archetypes of abstract worlds, a sublime, natural insight to the possibilities of the mind. Art is an exploration of the experiential self.

I am embodied by the theoretical and intrapersonal journey my art has taken me on, which is metaphorically shown in the organic, progressive, and transitioning forms within my works. My practice from is a matter of freedom, the allowance of the mind to create. I use drawing as a meditative device to enable freedom, non-judgement, and consciousness to theorise my artwork. An uninterrupted flow directly from mind to canvas. Making the process of creating just as important as the outcome.